



## PROGRAM

### Baltic Sea Region Network in Personalized Health Care Conference **Advances in Health Care Sciences: Health Promotion** 22–23 November, 2022 Klaipeda University, Lithuania

With sign in information for internet participants

Local time in Klaipėda: Eastern European Time (EET) UTC +2:00

#### **Day 1** Tuesday 22<sup>nd</sup> 2022

- 09.00 – 09.30 Registration - *Stasio Vaitekūno Aula, Building with a Clock, H. Manto str. 84*
- 09.30 – 09.45 Welcome addresses  
Prof. Saulius Raugelė, Dean of Faculty of Health Sciences, KU  
Assoc. Prof. Dr. Alona Rauckienė-Michaelsson, Director of Health Sciences and Innovation Center, KU  
- *Aula, Building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>*

#### PLENARY SESSION

- 09.45 – 10.30 **Moderator:** Natalja Istomina  
***Ethical Perspective to Health Promotion***  
**Professor Helena Leino-Kilpi**, University of Turku, Department of Nursing Science and Nurse director, Turku University, Finland, Hospital. PhD, RN, FAAN, FEANS, FRCN, Member of Academia Europe. Honorary Doctor of Klaipeda University  
- *Aula, Building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>*
- 10.30 – 11.00 **Coffee**
- 11.00 – 11.45 **Moderator:** Peje Michaelsson  
***Living with a Visible Difference - A European Public Health Perspective***  
**Professor Martin Persson**, Faculty of health sciences at Kristianstad University, Sweden, PhD Medicine, Master Public Health and Psychology, Experience coordinating and managing over 40 international projects. Facilitated a variety of areas of expertise in Asia, Australia, Europe, North America and South America, Chair of the EU COST Action CA16234 "European Cleft and Craniofacial Initiative for Equality in Care"  
- *Aula, Building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>*
- 11.45 – 13.00 **LUNCH**

- 13.00 – 14.30 **Concurrent session 1, Online - Moderator:** Hannakaisa Niela-Vilen  
<https://liedm.zoom.us/j/93342599631>  
 Possibility to follow this session at *Room 305, Faculty of Health Sciences, H. Manto str. 84*  
 Alma Gaupšienė and Ieva Basevičiūtė, Vilnius University  
*Health Literacy of Women Giving Birth in Lithuania*
- Cecilia Johnsson, Karolinska Institutet  
*Make My Day – Stroke prevention through participation in health promoting engaging everyday activities*
- Kristina Rooth, Karolinska Institutet  
*Symptoms and support during the first year following curative treatment for breast cancer - patients' and health care professionals' perspectives*
- Aušra Rudžianskienė, Klaipėda State College  
*The Relationship between Stress Experienced by Students and the Manifestation of Bruxism*
- Concurrent session 2, - Moderator:** Alice Kvåle  
 - *Aula, Building with a Clock, H. Manto str. 84*, <https://liedm.zoom.us/j/94202299443>
- Viney Prakash Dubey, Klaipėda University  
*Effect of alternate nostril yoga breathing on cognitive skill and hemodynamic response among middle-aged sedentary adults*
- Iina Ryhtä, University of Turku  
*An online exercise program enhancing the well-being of postpartum women - Quasi-experimental study*
- Kristiina Toivonen, University of Turku  
*Supporting the spirituality of older people living with dementia in nursing care – Experiences of older people living with dementia and their family members*
- 14.30 – 15.00 **Coffee**
- 15.00 – 16.00 **Poster presentations**  
 - *Aula, Building with a Clock, H. Manto str. 84*
- Justina Kievišienė, University of Lapland/ Klaipėda University  
*Social workers' attitudes towards individuals having alcohol usage problems*
- Hanna Kangasniemi, University of Turku  
*Development of hypothetical model to support participation of persons with intellectual disabilities (ID) in their care – study protocol*
- Diana Saveikienė, Klaipėda University  
*The Opinion of Autistic Young people on the Influence of Health on Professional Career Choices, promoting Sustained Competitive Advantage*
- Elina Linnavuori, University of Turku  
*Measuring health care professionals' competence in EEG – study plan*
- 18.00 **Welcome party at KUB'o svetainė, Building with a Clock, H. Manto str. 84, Klaipėda**

## Day 2 Wednesday 23<sup>rd</sup> 2022

### PLENARY SESSION

- 09.00 – 09.45 **Moderator:** Alona Rauckiene-Michaelsson  
***Primary Health Care Role on Population Health Management***  
**Professor Arnoldas Jurgutis**, WHO European Centre for Primary Health Care, World Health Organization, Regional Office for Europe  
- Aula, building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>
- 09.45 – 10.30 **Moderator:** Peje Michaelsson  
***The Whole Day Matters: Understanding 24-hour Movement Behavior on Health Promotion***  
**Dr. Cesar Agostinis Sobrinho**, PhD in Physical activity and health. Chief researcher Health Research and Innovation Science Centre, Faculty of Health Sciences, Klaipeda University, Lithuania. Member of the research group for the development of Portuguese 24-hour movement guidelines  
- Aula, building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>
- 10.30 – 11.00 **Coffee**
- 11.00 – 12.30 **Concurrent session 3, - Moderator:** Tobba Therkildsen Sundman  
- Aula, building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>
- Frederike Lüth and Laura Püschel, University of Lübeck  
***Effects of learning opportunities for the training of interprofessional competencies in nursing education: An Overview of Reviews***
- Rita Gikarienė and Giedrė Radzevičienė, Klaipėda University  
***Equine Facilitated Therapy as an Additional Rehabilitation Tool for Children with Disabilities***
- 11.00 -12.30 **Concurrent session 4, - Moderator:** Rita Vaičekauskaite  
- Room 305, Faculty of Health Sciences, H. Manto str. 84  
<https://liedm.zoom.us/j/93342599631>
- Saija Inkeroinen, University of Turku  
***Methods in research of patients' right to know: A scoping review***
- Viktoras Simanavičius, Klaipėda University  
***Integration of vestibular therapy into the treatment of dizziness in patients diagnosed with persistent postural- perceptual dizziness***
- Rita Urbanavičė, Vilnius University  
***Social and health needs assessment for refugees from Ukraine - what can be improved?***
- 12.30 – 13.00 **Discussion – Conclusions – Closing**  
- Aula, Building with a Clock, H. Manto str. 84, <https://liedm.zoom.us/j/94202299443>
- 13.00 – 13.45 **Lunch**
- 14.00 – 16.00 Possibility for Study visit to Dolphin Assisted Therapy Center, Lithuanian Sea Museum, Smiltynė str. 3, Klaipėda – **Moderator:** Brigita Kreiviniene