

# CURRICULUM VITAE

PERSONAL INFORMATION	<i>Health Science Faculty</i>		
	<i>Nursing Department</i>		
	<i>Nora Šiupšinskienė</i>	<i>Dr. Habil. M000 –medicine and health sciences-M001 - medicine</i>	
	<i>nora.siupsinskiene@gmail.com;</i> <i>nora.siupsinskiene@ku.lt;</i> <a href="http://www.infolor.lt">www.infolor.lt</a>		
ACQUIRED EDUCATION AND QUALIFICATION	<i>Year</i>	<i>Name of institution</i>	<i>Acquired professional qualification, academic degrees</i>
	1980-86	Kaunas Institute of Medicine	Medical doctor (MD)
	1986-88	Kaunas District Hospital (internship)	Otorhinolaryngologist
	1995	Kaunas University of Medicine	Research doctorate (PhD)
	1996	Kaunas Medical University Hospital	Highest qualification certificate in otorhinolaryngology
	2003	Kaunas Medical University	Habilitated doctor degree (Dr. Habil.)
	2007 -2010	College of Vilnius, Health Science Faculty	Bachelor in cosmetology
EMPLOYMENT RECORD	<i>Year (from-to)</i>	<i>Name of institution, subdivision</i>	<i>Position</i>
	From 1988 to date	Lithuanian Health Science University Hospital Kauno Klinikos; Ear, Nose, Throat department	Staff otorhinolaryngologist
	2006-2019	Plastic Surgery Clinic of Tautrimas Astrauskas	Otorhinolaryngologist
	1994-2000	Kaunas University of Medicine	Assistant
	2005-2010	Kaunas University of Medicine	Lecturer
	From 2008 to date	Klaipėda University, Health Sciece Faculty, Nursing department	Professor
	From 2022 to date	Lithuanian Health Science University	Professor
CURRENT POSITION		Professor of the Lithuanian Health Science University and Faculty of Health Sciences of Klaipeda University; Otorhinolaryngologist of Department of Otolaryngology Lithuanian University of Health Sciences Hospital, Lithuania.	
LICENCE		<ul style="list-style-type: none"> <li>• Licensed to practice medicine in Lithuania (last relicense in 2019).</li> <li>• Specialization Diploma in Otorhinolaryngology, 1988.</li> <li>• Specialization Diploma in Phoniatrics, 1991.</li> </ul>	
RESEARCH AREAS, KEYWORDS		Laryngology, quantitative voice assessment, voice range profile, trained voices, laryngopharyngeal reflux, vocal cord paralysis, allergy, phonosurgery, snoring, obstructive sleep apnea, sleep surgery, dysphagia, H. pylori in the upper airway.	

SCIENTIFIC PUBLICATIONS		Through 1991-2022 was published more than 170 scientific and educational publications
MOST SIGNIFICANT SCIENTIFIC (ART), PUBLICATIONS	<p><i>Articles in the International Scientific Journals registered in the Clarivate Analytics Web of Science with citation index</i></p> <ol style="list-style-type: none"> <li>Šiupšinskienė N, Spiridonovienė B, Pašvenskaitė A, Vaitkus J, Vaitkus S. Burnout Syndrome among Otorhinolaryngologists during the COVID-19 Pandemic. Medicina (Kaunas). 2022; 12;58(8):1089. doi: 10.3390/medicina58081089.</li> <li>Šimkienė R, Šiupšinskienė N, Purlys P, Žvirblis T, Lesinskas E. Adaptation and Validation of the Lithuanian Version of the Pediatric Voice Handicap Index. J Voice. 2022; 28:S0892-1997(22)00041-8. doi: 10.1016/j.jvoice.2022.02.012.</li> <li>Vaitkus J, Vitkauskienė A, Simuntis R, Vaitkus Ž, Šiupšinskienė N, Vaitkus S. Chronic Rhinosinusitis with Nasal Polyps: Age and Disease Severity Differences in the Levels of Inflammatory Markers. Medicina (Kaunas). 2021; 8;57(3):282. doi:10.3390/medicina57030282.</li> <li>Vaitkus J, Vitkauskienė A, Matusevičiute V, Naudžiūnas A, Siupsinskiene N, Vaitkus S. Local inflammatory marker production in Lithuanian patients with chronic rhinosinusitis with nasal polyps. J Immunotoxicol. 2020;17(1):202-206. doi: 10.1080/1547691X.2020.1850938.</li> <li>Simuntis, Regimantas; Vaitkus, Justinas; Kubilius, Ričardas; Padervinskis, Evaldas; Tušas, Paulius; Leketas, Marijus; Šiupšinskienė, Nora; Vaitkus, Saulius. Comparison of sino-nasal outcome test 22 symptom scores in rhinogenic and odontogenic sinusitis // American Journal of Rhinology &amp; Allergy. Providence, R.I : OceanSide Publications. ISSN 1945-8924. eISSN 1945-8932. 2019, vol. 33, no. 1, p. 44-50. DOI: 10.1177/1945892418804975. [Scopus; MEDLINE; Science Citation Index Expanded (Web of Science)] [M.kr.: M 002,M 001] [Citav. rod.: 2,015 (2018, InCites JCR SCIE)];</li> <li>Šiupšinskienė, Nora; Katutienė, Inga; Jonikienė, Vilma; Jančiauskas, Dainius; Vaitkus, Saulius. Intranasal Helicobacter pylori infection in patients with chronic rhinosinusitis with polyposis // Journal of laryngology and otology. Cambridge : Cambridge University Press. ISSN 0022-2151. eISSN 1748-5460. 2018, vol. 132, no. 9, p. 816-821. DOI: 10.1017/S0022215118001299. [Academic Search Complete; Scopus; MEDLINE; Science Citation Index Expanded (Web of Science)] [M.kr.: M 001,M 005] [Citav. rod.: 1,261 (2018, InCites JCR SCIE)];</li> <li>Siupsinskiene N, Arechvo I, Lapinskaite R, Padervinskis E, Ryskiene S, Vaitkus S. A Rare Case of Large Schwannoma of the Parapharyngeal Space. Case Rep Otolaryngol. 2018;9870937.</li> <li>Šiupšinskienė, Nora; Katutienė, Inga; Jonikienė, Vilma; Jančiauskas, Dainius; Vaitkus, Saulius. Helicobacter pylori in the tonsillar tissue: a possible association with chronic tonsillitis and laryngopharyngeal reflux // Journal of laryngology and otology. Cambridge : Cambridge University Press. ISSN 0022-2151. eISSN 1748-5460. 2017, vol. 131, no. 6, p. 549-556. DOI: 10.1017/S0022215117000597. [Scopus; MEDLINE; Science Citation Index Expanded (Web of Science)] [M.kr.: M 005,M 001] [Citav. rod.: 0,967 (2017, InCites JCR SCIE)];</li> <li>Lycke, Hugo; Šiupšinskienė, Nora. Voice range profiles of singing students: the effects of training duration and institution // Folia phoniatrica et logopaedica. Basel : S. Karger AG. ISSN 1021-7762. eISSN 1421-9972. 2016, vol. 68, no. 2, p. 53-59. DOI: 10.1159/000448136. [Current Contents / Social &amp; Behavioral Sciences; Biological Abstracts; Scopus; Social Sciences Citation Index (Web of Science); MEDLINE; Science Citation Index Expanded (Web of Science)].</li> <li>Šiupšinskienė N., Žekonienė J., Padervinskis E., Žekonis G., Vaitkus S. Efficacy of sucralfate for the treatment of post-tonsillectomy symptoms // European Archives of Oto-Rhino-Laryngology and Head &amp; Neck. – 2015;272(2):271-278. ISSN 0937-4477, DOI 10.1007/s00405-014-3023-5.</li> <li>Siupsinskiene N, Jurgutaviciute V, Katutiene I, Janciauskas D, Vaitkus S, Adamonis K. Helicobacter pylori infection in laryngeal diseases. Eur Arch Otorhinolaryngol. 2013, vol. 270, no. 8, p. 2283-2288.</li> <li>Vaitkus S, Padervinskis E, Balsevicius T, Siupsinskiene N, Staikuniene J, Ryskiene S, Lisauskaite L, Vaitkus J. Translation, cross-cultural adaptation, and validation of the sino-nasal outcome test (SNOT)-22 for Lithuanian patients. Eur Arch Otorhinolaryngol. 2013, vol. 270, no. 6, p. 1843-1848 Dec 1. [Epub ahead of print].</li> <li>Šiupšinskienė Nora; Padervinskis Evaldas; Poškienė Lina; Endeley Nganjo; Vaitkus, Saulius. An Unusual Case of a Sore Throat and Otolgia in a 4-Year-Old Boy. Medicina (Kaunas) 2012; 48 (5): 277-279.</li> <li>Siupsinskiene N, Razbadauskas A, Dubosas L. Psychological Distress in Patients with Benign Voice Disorders. Folia Phoniatri Logop. 2011;63(6):281-288.</li> <li>Siupsinskiene Nora, Lycke Hugo. Effects of voice training on singing and speaking voice characteristics in adults and children based on choral and non choral data. J Voice.</li> </ol>	

16. **Šiupsinskiene Nora**; Adamonis Kestutis; Toohill Robert. Gastrointestinal findings in obstructive sleep apnea patient. Otolaryngology - Head and Neck Surgery, Supplement: Annual meeting of the American Academy of Otolaryngology-Head and Neck Surgery Foundation; ISSN: 01945998, 2009, vol: 141, Issue: 3, September, p. P227-P228, no.437.
17. **Šiupšinskienė Nora**; Adamonis Kęstutis; Toohill Robert J. Usefulness of assessment of voice capabilities in female patients with reflux-related dysphonia. Medicina (Kaunas). ISSN 1010-660X. 2009, t. 45, Nr. 12, p. 978-987.
18. **Šiupšinskienė Nora**; Vaitkus Saulius; Grėbliauskaitė Milda; Engelmaitė Lina; Šumskienė Jolanta. Quality of life and voice in patients treated for early laryngeal cancer. Medicina (Kaunas). ISSN 1010-660X. 2008, t. 44, Nr. 4, p. 288-295.
19. **Šiupšinskienė Nora**; Adamonis Kęstutis; Toohill Robert J; Sereika Rolandas. Predictors of response to short-term proton pump inhibitor treatment in laryngopharyngeal reflux patients. The Journal of laryngology and otology. ISSN 0022-2151. 2008, vol. 122, no. 11, p. 1206-1212.
20. **Šiupšinskienė Nora**; Adamonis Kęstutis; Toohill, Robert J. Quality of life in laryngopharyngeal reflux patients. Laryngoscope. ISSN 0023-852X. 2007, vol. 117, no. 3, p. 480-484.
21. Thomas James P; **Šiupšinskienė Nora** [Siupsinskiene Nora]. Frozen versus fresh reconstituted botox for laryngeal dystonia. Otolaryngology and head and neck surgery. ISSN 0194-5998. 2006; vol. 135, no. 2, p. 204-208.
22. Terris David J; Seybt Melanie W; **Šiupšinskienė Nora** [Siupsinskiene Nora]; Gourin, Christine G; Chin, Edward. Thyroid surgery: changing patterns of practice. The Laryngoscope. ISSN 0023-852X. 2006, vol. 116, no. 6, p. 911-915.
23. **Šiupšinskienė Nora**; Uloza Virgilijus; Pribuišienė Rūta; Butkus Evaldas; Kupčinskas Limas. Modern attitude towards management of laryngopharyngeal form of gastroesophageal reflux disease. Lithuanian clinical practice guidelines for adults Medicina (Kaunas) (Lithuanian). ISSN 1010-660X. 2007, t. 43, Nr. 10, p. 832-839.
24. Pribuišienė Rūta; Uloza Virgilijus; **Šiupšinskienė, Nora**; Butkus Evaldas; Kupčinskas Limas. Diagnostics of laryngopharyngeal form of gastroesophageal reflux disease for adults (Lithuanian clinical practice guidelines). Medicina (Kaunas) (Lithuanian). ISSN 1010-660X. 2007, t. 43, Nr. 6, p. 508-515.
25. **Šiupšinskienė Nora**; Uloza Virgilijus. Клиническая оценка голоса методом регистрации голосового поля [Voice area assessment for clinical valuation of voice] / H. Шюпшинкене, В. Улоза. Вестник оториноларингологии [in Russian]. ISSN 0042-4668. 1997, no. 4, p. 31-33.

**Main articles in the journals with other international scientific indexing (index Copernicus, etc.)**

1. **Šiupšinskienė Nora**; Ryškus Liutauras. Omeprazolio testo rezultatai diagnozuojant atipinės gastroezofaginės reflukso ligos sukeltą lėtinį kosulį [Results of omeprazole test in diagnostic of chronic cough caused by atypical gastroesophageal reflux disease.]. Medicina (Kaunas). ISSN 1010-660X. 2001, t. 37, Nr. 9, p. 911-917. [Index Copernicus].
2. **Šiupšinskienė Nora**; Skumanienė Miglė. Balso charakteristikų palyginimas po skirtinių endolaringinių mikrochirurginių Reinkės ligos operacijų [Phonatory characteristics following different surgical techniques in the treatment of Reinke's edema.]. Medicina (Kaunas). ISSN 1010-660X. 2002, t. 38, Nr. 10, p. 982-989. [MEDLINE; Index Copernicus].
3. **Šiupšinskienė Nora**. Kontrolinio balso tyrimo reikšmė vertinant gydymo rezultatus po endolaringinių mikrochirurginių operacijų [A postoperative follow-up time after endolaryngeal microsurgery for voice quality evaluation.]. Medicina (Kaunas). ISSN 1010-660X. 2002, t. 38, Nr. 12, p. 1183-1191. [MEDLINE; Index Copernicus].
4. **Šiupšinskienė Nora**; Adamonis, Kęstutis. Diagnostic test with omeprazole in patients with posterior laryngitis. Medicina (Kaunas). ISSN 1010-660X. 2003, t. 39, Nr. 1, p. 47-55. [MEDLINE; Index Copernicus].
5. **Šiupšinskienė Nora**. Quantitative analysis of professionally trained versus untrained voices. Medicina (Kaunas). ISSN 1010-660X. 2003, t. 39, Nr.1, p. 36-46. [MEDLINE; Index Copernicus].
6. Woodson B Tucker; **Šiupšinskienė Nora**; Brusky Laura Torrico; Ettema Sandra L. Coblation employed for lingual tonsillectomy in patients with obstructive sleep apnea syndrome: preliminary report // Sleep medicine : World Association of sleep medicine (WASM) : First congress, advancing sleep health worldwide : 15-18 October 2005, Berlin, Germany : abstracts. (Respiratory sleep disorders). ISSN 1389-9457. 2005, vol. 6, suppl. 2, October, p. S63-S64, abstract no. O 039.
7. Sakalauskas Raimundas; **Šiupšinskienė Nora** [Siupsinskiene, N]; Vaitkus, Saulius; Miliauskas Skaidrius. Compliance of continuous positive airway pressure for patients with obstructive sleep apnea syndrome in Lithuania // Surgery, Sleep, and Breathing II: An International Symposium :

- Chicago, Illinois, USA, June 5-7, 2006 / Directors: B. Tucker Woodson and Michael Friedman; Medical College of Wisconsin. Chicago, 2006. p. [lap. 23].
8. Mikalauskas Marius; **Šiupšinskienė Nora**. The Pillar procedure in the treatment of obstructive sleep apnea // 4th Baltic Congress of Otorhinolaryngology : June 5-7th, 2008, Pärnu, Estonia / Estonian Otorhinolaryngological Society, Tartu University. Pärnu, 2008. (Otology and audiology). p. [47].
  9. **Šiupšinskienė Nora**; Toohill Robert J; Adamonis Kestutis; Grēbliauskaitė Milda; Woodson B Tucker. Videolaryngoscopy in Patients with Obstructive Sleep // Otolaryngology - head and neck surgery. Supplement : Annual meeting of the American Academy of Otolaryngology-Head and Neck Surgery Foundation : September 21-24, 2008 : 2008 Official program / Stephen G. Harner, coordinator for program. New York : Elsevier. (Scientific (clinical research) poster presentation). ISSN 0194-5998. 2008, vol. 139, iss. 2, suppl. 1, August, p. P174-P175, no. S299.
  10. **Šiupšinskienė, Nora**; Toohill, Robert J. Effect of reflux on voice quality in laryngopharyngeal reflux patients / Nora Siupsinskiene, Robert J. Toohill // Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2009, t. 19, Nr. 2(62), p. 2318-2323. [Index Copernicus].
  11. **Šiupšinskienė Nora**; Razbadauskas Artūras; Dubosas Laimis. Emociniai sutrikimai tarp laringologinių pacientų [Psychological distress in patients with common voice disorders.]. Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2009, t. 19, Nr. 4(64), p. 2509-2515. [Index Copernicus].
  12. **Šiupšinskienė Nora**; Razbadauskas Artūras; Dubosas Laimis. Psichodemociniai sutrikimai tarp sveiko balso žmonių [Psychological distress in healthy voice subjects.]. Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2009, t. 19, Nr. 2(62), p. 2324-2330. [Index Copernicus].
  13. **Siupsinskiene Nora**; Adamonis Kestutis; Toohill Robert. Gastrointestinal findings in obstructive sleep apnea patient. Otolaryngology - Head and Neck Surgery, Supplement: Annual meeting of the American Academy of Otolaryngology-Head and Neck Surgery Foundation; ISSN: 01945998, 2009, vol: 141, Issue: 3, September, p. P227-P228, no.437.
  14. Dubosas Laimis; **Šiupšinskienė Nora**. Karotidinė paraganglioma. Diagnostika, gydymo takтика (klinikiniai atvejai) [Carotid paraganglioma]. Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2010, t. 20, Nr. 4(70), p. 3360-3363. [Index Copernicus].
  15. **Šiupšinskienė Nora**; Mikalauskas Marius; Dubosas Laimis. Knarkimo ir nesunkios obstrukcinės miego apnėjos sindromo chirurginis gydymas minkštojo gomurio implantais [Treatment of snoring and light obstructive sleep apnea syndrome with soft palate implants]. Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2010, t. 20, Nr. 4(70), p. 3363-3368. [Index Copernicus].
  16. **Šiupšinskienė Nora**; Lycke Hugo. Singing voice quality measured by spectral and voice range profiles in vocally healthy trained and untrained voice adults and children. Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2010, t. 20, Nr. 5(71), p. 3458-3464. [Index Copernicus].
  17. **Šiupšinskienė Nora**; Kaminskaite Karolina; Dubosas Laimis. Vietinio ir sisteminio poveikio vaistų reikšmė mažinant skausmą po ryklės operacijų [Systemic and topical medicine for treatment of pain after pharyngeal surgery]. Sveikatos mokslai=Health sciences. ISSN 1392-6373. 2011, t. 21, Nr. 7), p. 134-139. [Index Copernicus].
  18. **Šiupšinskienė Nora**. Indications and safety of up-to-date lingual tonsillectomy / Nora Siupsinskiene // Otolaryngology - head and neck surgery. Supplement : Annual meeting of the American Academy of Otolaryngology-Head and Neck Surgery Foundation : September 29-October 2, 2013 : Vancouver, Canada / Eben L. Rosenthal, coordinator for the scientific program. ISSN 0194-5998. 2013, vol. 149, suppl. 2, p. P268. [Citat. rod.: 1.625 (2012)].
  19. **Šiupšinskienė, Nora**. Lingual tonsillectomy with laryngoscopic approach // The 2nd Lithuanian Polish ENT Congress : September 6-8, 2013, Druskininkai, Lithuania : Programme and Abstract Book / Committees: Virginijus Uloza, Kazimierz Niemczyk ; Lithuanian Otorhinolaryngological Society. Department of Otolaryngology of Lithuanian University of Health Sciences. Medical University of Warsaw. Vilnius : Lithuanian Otorhinolaryngological Society, 2013. (Poster session.). p. 48.
  20. **Šiupšinskienė N**, Staskevičiūtė J, Razbadauskas A. Rijimo sutrikimų paplitimo, diagnostikos ir gyvenimo kokybės tyrimai tarp vyresnio amžiaus žmonių [Prevalence, diagnostics and quality of life assessment of dysphagia in elderly people] // Sveikatos mokslai=Health sciences. - 2013, Vilnius: "Sveikatos mokslai"; t. 23, Nr. 1, p. 178-183, ISSN 1392-6373. [Index Copernicus].
  21. **Šiupšinskienė N**, Švagždytė L., Žiliukas G. Pacientų, sergančių galvos ir kaklo piktybiniais navikais, slaugos problemos: bandomasis tyrimas [Nursing problems in patients treated for head and neck cancer: a pilot study] // Sveikatos mokslai=Health sciences. - 2013, Vilnius: "Sveikatos mokslai"; t. 23, Nr. 1, p. 143-148, ISSN 1392-6373. [Index Copernicus].
  22. **Šiupšinskienė N**. Irodymai grįsta burninio mukozito, sukelto konservatyviai gydant galvos ir

- kaklo vėži, profilaktika ir gydymas [Evidence-Based Strategy For The Prevention And Management Of Head And Neck Cancer Therapy-Induced Oral Mucositis] // Sveikatos mokslai. - 2014, Vilnius: "Sveikatos mokslai=Health sciences"; t. 24, Nr. 2, p. 60-68, ISSN 1392-6373, doi:10.5200/sm-hs.2014.026. [Index Copernicus].
23. Šiupšinskienė N, Lasauskaitė L, Staskevičiūtė J, Aukštakalnienė A. Vyresnio amžiaus žmonių rijimo sutrikimų paplitimas ir klinikinis pasireiškimas [Incidence of dysphagia and its clinical manifestation in elderly population] // Visuomenės sveikata=Public Health. - 2014, Vilnius: Higienos institutas; priedas Nr. 1, p. 83-89, ISSN 1392-2696. [Index Copernicus].
  24. Račylienė L, Šiupšinskienė N. Ankstyvasis kochlearinio implantavimo poveikis vaiko adaptacijai valstybinėje ugdymo įstaigose [Early impact of cochlear implantation on the child's adaptation in the public institutions of education] // Visuomenės sveikata=Public Health. - 2015, Vilnius: Higienos institutas; 1(68):38-45, ISSN 1392-2696. [Index Copernicus].
  25. Šiupšinskienė N, Korza S. Patients with 1st type diabetes. Quality of life evaluation // International conference of young researchers. - 2014, Klaipėda: KU l-kla; p. 60-62, ISBN 978-9955-18-726-4.
  26. Jančiauskienė R, Šiupšinskienė N, Naujalis E. Vakarų Lietuvos vandens telkinių užterštumas 2,4-dichlorfenoliu. Nacionalinė sveikatos mokslų studentų konferencijos medžiaga/straipsnių rinkinys- 2015, Klaipėda; KU-l-kla;p.218-227; Sudarytojai: J.Raišutienė, G.Šertvytytė, D.Surplytė, E.Žmuidinavičiūtė, S.Vaičekauskaitė. ISBN 978-9986-31-460-8.
  27. Šiupšinskienė N, Lapinskaite R, Šarauskas V, Norkienė S. Bilateral Nasolabial Cyst – Unusual Case Report; Sveikatos Mokslai=Health Science, 2015; 25(6) 60–62. [Index Copernicus].
  28. Šiupšinskienė N, Adamonis K, Belafsky P, Aukštakalnienė A, Norkienė S. Linguistic Adaptation And Validization Of Lithuanian Version Of Reflux Symptom Index. Sveikatos Mokslai=Health Science, 2015; 25(6) 63–69. [Index Copernicus].
  29. Šiupšinskienė N, Švagždytė L, Dubosas L, Vaitkus S, Razbadauskas A. Physical Problems In Patients Treated For Head And Neck Cancer; Sveikatos Mokslai=Health Science, 2015; 25(6) 80–86. [Index Copernicus].
  30. Šiupšinskienė N, Pašvenskaitė A, Norkienė S. Modern techniques of uvulopalatopharyngoplasty. Sveikatos Mokslai=Health Science, 2016; 26(6) 267-274. [Index Copernicus].
  31. Siupsinskiene N, Lycke H. Usefulness of Spectral Range Profile in Quantitative Assessment of Voice Quality in Adults and Children. *Int J Clin Exp Otolaryngol.* 2017;3(6):87-95. doi: <http://dx.doi.org/10.19070/2572-732X-1700016>. [Index Copernicus].
  32. Šiupšinskienė N., Junčys V., Padervinskis E., Norkienė S. Galvos ir kaklo gleivinės melanoma: klinikinis atvejis ir literatūros apžvalga Sveikatos mokslai. - 2018, Vilnius: "Sveikatos mokslai"; t. 28, Nr. 7, p. 63-68, ISSN 1392-6373, DOI: 10.5200/sm-hs.2018.093.
  33. Šiupšinskienė N., Laukaitienė A., Norkutė-Macijauskė U., Norkienė S. Trimačio spausdinimo otorinolaringologijoje perspektyvos Sveikatos mokslai. - 2018, Vilnius: "Sveikatos mokslai"; t. 28, Nr. 7, p. 110-114, ISSN 1392-6373, DOI: 10.5200/sm-hs.2018.101.
  34. Šiupšinskienė N, Norkienė S, Kaminskaite K. Suaugusiuų obstrukcinės miego apnėjos klinikinė ir instrumentinė diagnostika – otorinolaringologiniai aspektai. Sveikatos mokslai. Vilnius. ISSN 1392-6373. eISSN 2335-867X. 2019, t. 29, Nr. 5, p. 30-39. DOI: 10.35988/sm-hs.2019.077.
  35. Šiupšinskienė N, Junčys V, Pociūtė D. Tonzilektomija ir imunitetas // Medicinos mokslai. Medical sciences. Kėdainiai : VšĮ "Lietuvos sveikatos mokslinių tyrimų centras". ISSN 2345-0592. 2019, vol. 7, no. 10, p. 1-8.
  36. Indrė Šidlauskiene, Romualda Tverkienė, **Nora Šiupšinskienė**. The approach of healthcare professionals to patient safety [in Lithuanian]. Taikomieji moksliniai tyrimai [Applied Research J]. 2022, 1(1), 23-37. ISSN 2783-6290

#### *Tutorials, teaching materials*

1. **Šiupšinskienė, Nora.** Oropharyngeal dysphagia: peculiarities of otorhinolaryngologic diagnostics [in Lithuanian]. Monography. Kaunas: Artrema, 2022. 464 p. ISBN 9786090800409.
2. **Šiupšinskienė, Nora;** Balsevičius, Tomas; Balseris, Svajūnas; Rauba, Darius; Vaitukaitienė, Guoda. Diagnosis and surgical treatment of obstructive sleep apnea in adults: otorhinolaryngological aspects [in Lithuanian]. Tutorial. Ed: **Nora Šiupšinskienė.** Kaunas: Artrema, 2018. 136 p. ISBN 9786094599972.
3. **Siupsinskiene N.** Effects of vocal training on quantitative voice parameters in healthy voice adults and children. Chapter 2. In: Laryngeal diseases: symptoms, diagnosis and treatment, Ed: Nemecek O, Mares V., Nova Science Publishers, 2010, p. 35-56.
4. Uloza Virgilijus; **Šiupšinskienė Nora;** Pribuišienė Rūta; Butkus Evaldas; Kupčinskas Limas.

- [Diagnosis and treatment of the laryngopharyngeal form of gastroesophageal reflux disease] ; Kaunas : KMU, 2008. 59 p. ISBN 9789955151210.
5. Vaitkus, Saulius; Rauba, Darius; Balseris, Svačūnas; Butkus, Evaldas; Šiupšinskienė Nora; Uloza Virgilijus; Sakalauskas Raimundas; Staikūnienė Jūratė; Šitkauskienė Brigita [Guideliness of diagnosis and treatment of Rhinosinusitis, polyposis and allergic rhinitis]. Kaunas, 2006. 47 p.
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  8. Šiupšinskienė Nora. Rijimas ir jo sutrikimai : mokomoji knyga [Deglutition and dysphagia]. Kaunas : Naujasis lankas, 1998. 42 p.

PARTICIPATION IN THE RECENT PROJECTS	Year	Title, programme	Type (scientific, studies, R&D etc.)	Position (Note 2)
	2011-2020	Relationship between allergy, digestive tract pathology and chronic diseases of upper airway (No. P1-86/2004)	Scientific	Principal investigator
	2015-2016	Faringomoss effectiveness in inhibiting acute throat pain and discomfort (Nr.BEC-LSMU(R)-292), clinicaltrials.gov Identifier:NCT02894372	Scientific	Principal investigator
	2014-2017	Lingual tonsils grading and its relation to sociodemographic factors and clinical symptoms (Nr.BEC-MF-367), clinicaltrials.gov Identifier:NCT02926014	Scientific	Principal investigator
	2015-2018	Assessment of substitutional voice after different type of partial laryngectomy; Quality of life and swallowing after partial laryngectomy (Nr. P1-86/2004)	Scientific	Supervisor
	2011-2015	Dysphagia among elderly patients (Nr. BC-MF-87)	Scientific	Supervisor
	2011-2013	Outcomes of the size of adenoids, infection and adenoidectomy (No. BC-LSMU(R) -74)	Scientific	Supervisor
	2011-2012	Role of Beta haemolytic Streptococcus in the pathogenesis of acute and chronic tonsilitis (No. BC-LSMU(R)-48)	Scientific	Supervisor
	2011	Oropharyngeal lesions after short-term intubation of patients undergoing otorhinolaryngological surgery (No. BC-MF-52)	Scientific	Supervisor
	2010	Psychological distress and sleep quality of parents, who are preparing their children for adenotonsillectomy (No. BC-MF-122)	Scientific	Supervisor
ACADEMIC ACTIVITIES	Year			Indicate compliance (Note 1)

	2015	Scientific consultant of PhD student I. Šatinskienė dissertation „Treatment of sudden sensorineural hearing loss with corticosteroids and assessment of anatomical changes in the middle ear“ (Vilnius University, Biomedical sciences, medicine 06B)	
	From 2014 to date	Scientific consultant of on going dissertation preparing by extern by doctor R. Šimkienė “ Voice and speech peculiarities in patients with cerebral palsy” (Biomedical sciences, medicine 06B)	
	2015	Member of defence board V. Beleškienė dissertation „The effectiveness of the laser eustachian tuboplasty for chronic secretory otitis“ (Vilnius University, Biomedical sciences, medicine 06B)	
	2019	Member of defence board J. Byčkova dissertation „The functional results and prognostic factors of pediatric cochlear implantation“ (Vilnius University, Biomedical sciences, medicine 06B)	
	2019	Member of defence board J. Paškonienė dissertation „Importance of clinical tests and radiological findings on the peripheral vestibular function for the diagnosis of Meniere's disease (Medicine and health sciences, medicine M001)	
		<b><i>Supervision of Bachelor's and Master's thesis</i></b>	
	2008-2023	Lead by seventeen undergraduate and twenty five Master's theses	
		<b><i>Organisation of International Conferences, Editorial Board work</i></b>	
	2017	7 <sup>th</sup> Baltic ENT conference, Riga 7-9, 2017 (moderator)	
	2018	“Theory and practice of otosurgery – Lithuania – France” (one of organizers)	
	2015-2020	Six Republic annual conferences in otorhinolaryngology (one of organizers)	
	2015-2023	Main organizer of fifteen regional scientific conferences in otorhinolaryngology	
	From 2007 to date	Editorial Board member of Journal of „Topicality in Otorhinolaryngology”	
	From 2008 to date	Reviewer for CA Web of Science journals „Medicina“ (Kaunas); „Clinical Otolaryngology“; „Folia Phoniatrica et Logopedica“	
OTHER INDICATORS OF QUALIFICATION		<b><i>Professional internships</i></b>	
	2015	American Academy of Otorhinolaryngology-Head&Neck Surgery Foundation, Dallas, USA	
	2016	American Academy of Otorhinolaryngology-Head&Neck Surgery Foundation, San Diego, USA	
	2017	World Congress of IFOS of otorhinolaryngology, Paris, France	
	2017	Fall congress of American laryngologists, Washington DC, USA	
	2017-2018	Four months observership at Pittsburgh university Otorhinolaryngology – Head and Neck surgery department, Pittsburgh, USA	
	2018	Medicine college of Wisconsin, department of Otorhinolaryngology and communication sciences, Milwaukee, USA	
	2019	American Academy of Otorhinolaryngology-Head&Neck Surgery Foundation, New Orleans, USA	
		<b><i>International presentations</i></b>	
	2016	Annual meeting of American Academy of Otolaryngology-Head and Neck Surgery, San Diego, USA	
	2017	International 7th Baltic ENT conference, Riga, Latvia	
	2017	ENT World Congress - IFOS Paris 2017	

	2019	Annual meeting of American Academy of Otolaryngology-Head and Neck Surgery, New Orleans, USA
	2023	IFOS Dubay ENT World congree 2023, Junited Arab Emirates
	<b><i>Membership in international/local professional organizations</i></b>	
	From 2005 to date	Board member of Lithuanian Society of Otorhinolaryngology
	From 2013 to date	President of Otorhinolaryngologist Association of Klaipeda region
	From 1996 to date	International fellow of American Academy of Otorhinolaryngology-Head&Neck Surgery Foundation
	2015-2019	Sleep disorders committee member of American Academy of Otorhinolaryngology-Head&Neck Surgery Foundation
	From 2008 to date	International member of International Society of Sleep Surgery

**SELFASSESSMENT OF FOREIGN  
LANGUAGE PROFICIENCY\***

LANGUAGES	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction	Spoken production	Writing
English	B2	C1	B2	B2	C1
Russian	B2	C1	B1	B1	B2

\* The foreign language proficiency levels: Level 1: A1 and A2 - the novice user, Level 2: B1 and B2 - Advanced user; Level 3: C1 and C2 - Proficient user ([http://www.coe.int/t/dg4/education/elp/elp-reg/Source/assessment\\_grid/assessment\\_grid\\_lithuanian.pdf](http://www.coe.int/t/dg4/education/elp/elp-reg/Source/assessment_grid/assessment_grid_lithuanian.pdf))

**Note 1:** working in the areas of social sciences and humanities (HSM) completing the document, please take in account the researchers positions descriptor approved by the Lithuanian Science Council (2011-05-16 No. VII-71) items 3.2 and 3.3 (the following activities to make in bold and refer to 3.2 or 3.3)

**Note 2.** Provide information only about those studies projects in which you are the head of the project.

Date  
2023-02-15

Nora Šiupšinskienė

  
Signature